New Jersey Mental Health Planning Council (MHPC) Meeting Minutes

November 14, 2012

Notices to announce the date, time and location of this meeting were sent out to the following news outlets: *Newark Star-Ledger*, *Asbury Park Press*, *The Times* (Trenton), *Bergen Record*, *The Press* (Pleasantville), and the *Courier-Post* (Cherry Hill)

Attendees:

Jacob Bucher Lisa Negron Karen Vogel Romance

Helen Williams Donna Best Julian Fowler

Karen Carroll Patricia Dana Ronald DeFeo (Phone)
Eileen Doremus (Phone) Maryanne Evanko (Phone) Angel Gambone (Phone)
Bianca Ramos Joseph Gutstein (Phone) Michael Ippoliti (Phone)
Barbara Johnston Gail Mesavitz Linda Kornacki-Khns (Phone)

Phil Lubitz Christopher Lucca Patricia Matthews Linda Meyer (Phone) Joanne Oppelt John Pellicane

Thomas Pyle Marie Verna

DMHAS, DCBHS & DDD Staff:

Robert Culleton (phone) Donna Migliorino Dona Sinton

Mark Kruszczynski Yunqing Li

Guests:

Ann Dorocki Gregory Karlin Louan Lukens Irina Stuchinsky Rachel Morgan (Phone) Holly Berilla

David Morrissette Stephen Miller

- I. Administrative Issues/Correspondence/Review of Previous Minutes
 - A. Minutes from the October meeting were reviewed and approved with no edits

II. Announcements

- A. Marie distributed a Save the Date for UMDNJ/University Behavioral HealthCare's Schizophrenia Conference to be held March 8, 2013 in Somerset
- B. Gail Levinson had an editorial in the Star Ledger today
- C. The SHA conference is on 12/7 and registration is available on the website at www.shanj.org
- D. The county presentation will take place in December instead of at today's meeting
- E. Robin Weiss is not in attendance today so we will hear her update on the Olmstead Policy Academy at a future meeting

III. Super Storm Sandy Review

A. Members were provided information on the Division's response to the Super Storm in their packet materials to review

- B. Karen Carroll asked about disaster response counselors and Barbara Johnston replied that Renee Barowski from the Mental Health Association of NJ has a wealth of information on this topics.
- C. Marie reported that UMDNJ/University Behavioral HealthCare's Vet2Vet and Vets4Warriors programs handled many critical calls post Sandy
- D. Representatives from the United States Public Health Services who work within the Substance Abuse and Mental Health Services Administration (SAMHSA) and Administration for Children and Families (ACF) representatives were on hand to discuss the federal efforts in New Jersey post-Sandy. Disaster kits were provided to members in attendance and are available free of charge from SAMHSA.
 - 1. They were deployed for the hurricane and Fort Dix was set up as a federal medical facility and a Disaster Medical Assistance Team was established
 - 2. Disaster case management is being administered and NJ has applied for this service. Catholic Charities is mobilizing 50 case managers in NJ through a contract to talk about resources that are available. There is a training Saturday. Louise Swanson (206-473-7962) is overseeing a program for individuals who were displaced/lost jobs or are in shelters because of the storm
 - 3. Two phases to case management system
 - a. Federal government sets up the structure
 - b. After 90 days the State applies for a grant to move forward to continue it
 - 4. Questions/Comments/Answers
 - a. Q Tom Pyle This will deploy 50 case managers for mental health services?
 A- No, for a variety of needs.
 - b. Q Marie Verna- What were the medical centers that were established? A There were 6 emergency medical centers set up across the State, including New Lisbon in Monmouth County and at Middlesex Community College. In addition, we were able to work with people in agencies who lost homes and provide cross assistant neighbor to neighbors.
 - c. Q Tom Pyle Do we know how large the problem is for the mental health consumers out there because of the hurricane? A PsyStart was used which is a questionnaire that shows acuity. We looked across 3 clinics and found lots of high stress levels because of the trauma. The tool is used to guide a conversation and decision about referral to services if necessary.
 - d. Q Phil Lubitz will there be an evaluation report? A Yes and it will be available.
 - e. C Marie Verna Many consumers reported that the storm triggered previous trauma. Did you see that among people with serious mental illness? A We can look at data and be sure to incorporate that issue in future disaster response
 - f. C Linda Meyer Explained how her own WRAP assisted her during the storm and she wants to know how she can use her peer counseling services better. A Linda to get in touch with David Morrissette.
 - g. Q- Chris Lucca Are you expecting that case managers will deal with the trauma as homeowners on the barrier islands go back to their areas? A Yes the case managers will be available for family and friends. We are in a Recovery Phase now.

- h. Q Karen Vogel-Romance What is being done for you all as you are in the field? A- We look out for everyone else with basics and work with them. We believe in forced health protection and do encounters with our own group. Marie recommended a model designed by UMDNJ/University Behavioral HealthCare, Reciprocal Peer Support and agreed to send information to Holly Berilla and Dave Morrisette.
- IV. Block Grant behavioral Health Reports Donna Migliorino, Mark Kruszczynski, Dona Sinton
 - A. Please view our mental health and substance abuse behavioral health reports that are due by December 1, 2012 on the SAMHSA BGAS website at https://bgas.samhsa.gov/
 - 1. The user name is citizennj and the password is citizen.
 - B. Donna provided an overview of the Block Grant Application System and the Mental Health Behavioral Health report
 - 1. URS, USTF and QCMR data are being completed
 - 2. Another research scientist will be hired because of our ongoing data needs related to the block grant and because the USTF and QCMR has been put under Donna's office. The focus will be shifting from just data entry of the QCMR and USTF to cleaning of the data, analyzing and reporting on the data, and then eventually reconciling the USTF and QCMR databases.
 - 3. Tables 4, 5, 6, 9, and 10 in the fiscal section can be input directly into BGAS. URS Data Tables related to evidence based practices and surveys must be sent to NRI/NASMHPD who will then review the tables and eventually upload them into BGAS. Tables 1 and 2 address the State's Priorities and Goals and are uploaded directly by the state.
 - 4. Donna gave an overview of the mental health performance indicators and their status
 - 5. The consumer perception of care survey deadline was extended from the 11/9 due date. 601 service sites received surveys and 6,500 consumers
 - C. Dona provided an overview of the Substance Abuse Behavioral Health report
 - D. Questions/Comments/Answers
 - 1. Q Marie Verna- Is there anything we can do to help? A We really need to have providers complete all fields on forms and get them in on time
 - 2. C- Tom Pyle If numerical increases could be included in the descriptions it would help in addition to the percentage
 - 3. Q- Joe Gutstein Where can we get results of the 2011 survey? A there is a link with the results and we can send that to the MHPC.
 - 4. C- Lisa Negron- I'm glad the consumer survey was extended as I just got mine on Monday.
- V. Planning Activities and Recommendations Phil Lubitz
 - A. The December meeting will focus on State/County planning
 - B. The membership and Block Grant subcommittees will meet at 9 am on 12/12/12 and each month thereafter in room 3052. We do have individuals who have submitted applications to discuss at the next membership meeting.

- C. The Advocacy Subcommittee will meet at noon on 12/12/12 in room 3052
- D. We would like to invite the new Director of the Children's System of Care to a future meeting.

Next Meeting on 12/12/12 10:00-12:00, Room 3000 at 222 South Warren Street